

Anytime Pizza



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Ingredients

¼ mini-baguette or Italian bread, about 9" long, split lengthwise

(can also use 2 split English muffins or savory bagels)

½ cup pizza sauce

½ cup part-skim mozzarella or cheddar cheese, shredded

¼ cup green pepper, chopped

½ cup mushrooms, fresh or canned, sliced

Other vegetable toppings (as desired)

Italian seasoning (optional)

Instructions

Toast the bread or English muffin until slightly brown. Top bread or muffin with pizza sauce, vegetables and low-fat cheese. Sprinkle with Italian seasoning as desired. Place pizzas in either microwave, toaster oven or regular oven (preheated to 350°F). Heat until cheese melts.

*Scan the QR code or visit FamilyResourceNavigator.org/FoodforThought
for additional recipes and healthy eating tips.*

